

P.E. Yearly Overview 2022

Reception	Ball Skills/Team building	Gymnastics	Ball Skills: Best of Balls	Dance	Gymnastics: Jumping Jacks	Games: The Olympics
Year 1	Multi-skills: Throwing and Catching	Gymnastics/Dance	Circuit Training	Multi-Skills: Bat and Ball	Multi-Skills: Running and Jumping	Multi-Skills: Athletics
Year 2	Multi-skills: Throwing and Catching	Gymnastics/Dance	Circuit Training	Multi-Skills: Bat and Ball	Multi-Skills: Target Games	Multi-Skills: Athletics
Year 3	OAA (Team building/orienteering) Invasion Games: Benchball	Gymnastics – Movement and Shape Dance	Circuit Training	Net and Wall Games: Fundamentals	Striking and fielding Games: Fundamentals	Athletics
Year 4	OAA (Team building/orienteering) Invasion Games: Dodgeball	Gymnastics- Movement and Shape	Swimming Dance	Net and Wall Games: Badminton	Striking and fielding Games: Cricket	Athletics
Year 5	OAA (Team building/orienteering) Invasion Games: Netball	Gymnastics - Movement, Shape and balance Dance	Circuit Training Curling	Net and Wall Games: Tennis	Striking and fielding Games: Rounders	Athletics
Year 6	OAA (Team building) Invasion games: Basketball	Gymnastics - Movement, Shape and balance. Dance	Circuit Training Curling	Net and Wall Games: Volleyball	Striking and fielding Games	Athletics

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Competitions	Football Cross country Olive Hunt Netball	SH Athletics Table tennis	Sports hall athletics – Y5/6	Dodgeball – Y 4 Benchball – Y4 Dance – Y4	Swim Gala Tri golf – Y3/4/5/6	Rounders – Y5/6 Quad Kids – Y3/4/5/6 Netball – Y5/6 Kwik Cricket – Y6